

Hello.

We are looking forward to your son/daughter's participation in our Frontline Action Camp.

To make sure that you maximize his/her experience please send along the following:

- 1. Layers of clothing for the different games that we play. (Gellyball it is great to have a hoodie for extra padding)
- 2. Athletic Footwear
- 3. Lunch, snacks, and plenty of fluids (snacks and beverages are available for purchase) Please bring a refillable container for water. There is a refrigerator available to keep things cold and a microwave to heat things up. Please send along a refillable water bottle. You can also add Pizza and a drink for \$7.25 +hst per day.
- 4. Any medications that may be used with instructions on use.
- 5. Money for snacks. Please note all snacks must be paid for by the end of the day.

Directions:

Outdoor: Frontline Action Outdoor Park is located at 54 Duffetts Road, St.John's off the TCH Indoor: Frontline Action Indoor Center is located on 10 Pearl Place in St.John's just off Brookfield Road in the vicinity of Lesters' Farm.

WHAT NOT TO BRING TO CAMP: Please do not bring: iPods/cell phones, video games, knives, cell phones, matches, pets, personal toys, playing or trading cards, PEANUT / NUT PRODUCTS/ SHELL FISH. Frontline Action will not be responsible for any lost, broken, or stolen items.

If you have any questions please contact Tom Davis at (709)747-4653 or after hours at (709)746-3902. Email address is tdavis@frontlineaction.com.